



Toiletries

- Toothbrush & toothpaste
- Shampoo & conditioner
- Body wash / soap
- Deodorant
- Sunscreen (SPF)
- Moisturizer / lotion
- Lip balm (with SPF)
- Razor
- Hairbrush / comb
- Makeup & remover

Electronics

- Phone
- Charger(s)
- Power bank
- Headphones / earbuds
- Camera
- Travel adapter (if needed)

Health & Safety

- Personal medications
- First aid kit
- Hand sanitizer
- Wet wipes / tissues
- Insect repellent

Clothing

- T-shirts / tank tops
- Shorts
- Lightweight pants / jeans
- Dresses / skirts
- Swimsuit(s)
- Pajamas
- Underwear
- Socks
- Light jacket / hoodie
- Sandals / flip-flops
- Comfortable walking shoes

Beach / Outdoor Essentials

- Sunglasses
- Hat / cap
- Beach towel
- Beach bag
- Flip-flops
- Reusable water bottle
- Snacks
- Book / e-reader
- Portable fan
- Waterproof phone pouch

Travel Essentials

- ID / passport
- Tickets / boarding pass
- Hotel reservations
- Wallet (cash & cards)
- Travel insurance
- Emergency contacts

Miscellaneous

- Day bag / backpack
- Laundry bag
- Ziplock bags
- Travel pillow
- Notebook & pen