

CAMPING FOOD CHECKLIST

Staple Foods

- Bread or tortillas
- Rice
- Pasta
- Instant noodles
- Oatmeal
- Cereal

Breakfast Items

- Eggs
- Pancake mix
- Syrup or honey
- Bacon or sausage
- Milk or powdered milk
- Coffee or tea
- Sugar or sweetener

Lunch & Dinner

- Hot dogs
- Burger patties
- Sandwich meat
- Cheese slices
- Canned soup or chili
- Beans
- Potatoes

Fruits and Vegetables

- Apples
- Bananas
- Oranges
- Carrots
- Corn
- Onions
- Bell peppers

Snacks

- Trail mix
- Chips
- Crackers
- Granola bars
- Cookies
- Marshmallows

Cooking Essentials

- Cooking oil or butter
- Salt
- Pepper
- Spices or seasoning
- Ketchup
- Mustard
- Mayonnaise

Drinks

- Water
- Juice
- Soda
- Sports drinks
- Hot chocolate

Campfire Treats

- Marshmallows
- Chocolate bars
- Graham crackers

