

# Weight Loss Chart

Target:

Pounds Gone

<div>Weight</div> <div>Week 1</div>	<div>Weight</div> <div>Week 2</div>	<div>Weight</div> <div>Week 3</div>	<div>Weight</div> <div>Week 4</div>	<div>Weight</div> <div>Week 5</div>
<div>Weight</div> <div>Week 6</div>	<div>Weight</div> <div>Week 7</div>	<div>Weight</div> <div>Week 8</div>	<div>Weight</div> <div>Week 9</div>	<div>Weight</div> <div>Week 10</div>
<div>Weight</div> <div>Week 11</div>	<div>Weight</div> <div>Week 12</div>	<div>Weight</div> <div>Week 13</div>	<div>Weight</div> <div>Week 14</div>	<div>Weight</div> <div>Week 15</div>
<div>Weight</div> <div>Week 16</div>	<div>Weight</div> <div>Week 17</div>	<div>Weight</div> <div>Week 18</div>	<div>Weight</div> <div>Week 19</div>	<div>Weight</div> <div>Week 20</div>
<div>Weight</div> <div>Week 21</div>	<div>Weight</div> <div>Week 22</div>	<div>Weight</div> <div>Week 23</div>	<div>Weight</div> <div>Week 24</div>	<div>Weight</div> <div>Week 25</div>
<div>Weight</div> <div>Week 26</div>	<div>Weight</div> <div>Week 27</div>	<div>Weight</div> <div>Week 28</div>	<div>Weight</div> <div>Week 29</div>	<div>Weight</div> <div>Week 30</div>