

# Advent

## Journaling Prompts

Prepare Your Heart for Christmas

1. What is Advent?
2. Who is Jesus?
3. Why is Christmas special?
4. Say thank you to God for today.
5. How can you be kind today?
6. What does love mean to you?
7. Who do you want to pray for?
8. How does God help you?
9. What is your favorite Christmas song?
10. What makes you feel peaceful?
11. Draw or write something that brings you joy.
12. What makes you happy at Christmas?
13. What gift would you give Jesus?
14. Who do you love in your family?
15. Write one kind thing you can do today.
16. What is your favorite Christmas story?
17. How can you share love today?
18. What are you thankful for?
19. What does God's love feel like?
20. Draw something that reminds you of Christmas.
21. Who was baby Jesus born to?
22. Where was Jesus born?
23. What makes Christmas joyful?
24. Write a short prayer.
25. Why do we celebrate Christmas?

