

# Basic Life Support Chart (DRSABCD)

## D - Danger

Ensure the area is safe for yourself, others, and the patient.



## R - Response

### Check for a response:

Ask the person's name. Gently squeeze their shoulders.

### No Response:

Proceed to the next step.

### Response:

- Make them comfortable.
- Monitor their response.



## S - Send for Help

Call an ambulance or ask another person to make the call.



## A- Airway

Open mouth - If foreign material present.  
Place in recovery position. Clear airway with fingers.



## B- Breathing

Check for breathing - look, listen, feel.

**Not Breathing :**  
Start CPR

**Normal Breathing :**  
- Place in recovery position  
- Monitor breathing



## C - CPR

Start CPR - 30 chest compressions : 2 breaths.  
Continue CPR until help arrives or patient recovers.



## D - Defibrillation

Apply defibrillator if available and follow voice prompts.