



## BEDROOMS

- ☐ Wash all bedding
- ☐ Rotate/flip mattress
- ☐ Dust and wipe furniture
- ☐ Clean under the bed
- ☐ Declutter nightstands
- ☐ Wash pillows or replace
- ☐ Clean out closets
- ☐ Vacuum/dust baseboards

## LIVING ROOM

- ☐ Dust ceiling fans & light fixtures
- ☐ Wash curtains or wipe blinds
- ☐ Vacuum furniture
- ☐ Dust electronics & TV screen
- ☐ Wipe down baseboards
- ☐ Declutter shelves
- ☐ Clean windows + window tracks

## BATHROOM

- ☐ Scrub shower/tub
- ☐ Wash bath mats + shower curtains
- ☐ Clean toilet
- ☐ Wipe down vanity & mirrors
- ☐ Toss expired makeup/skincare
- ☐ Organize cabinets + drawers
- ☐ Mop the floor

## KITCHEN

- ☐ Clean inside fridge + freezer
- ☐ Wipe down cabinets
- ☐ Clean oven + stovetop
- ☐ Scrub sink & backsplash
- ☐ Wipe down appliances
- ☐ Deep clean dishwasher
- ☐ Mop the floor
- ☐ Organize pantry + spices

## WHOLE HOUSE

- ☐ Clean windows
- ☐ Wipe doors + door handles
- ☐ Dust baseboards and corners
- ☐ Wash light switches
- ☐ Change air filters
- ☐ Test smoke detectors
- ☐ Sweep garage/basement
- ☐ Deep clean floors