

FLYLADY ZONE CLEANING

Zone 1: Entrance, Front Porch, and Dining Room

- ☐ Sweep porch
- ☐ Wipe down the front door
- ☐ Shake out or vacuum the welcome mat
- ☐ Dust and polish the dining table and chairs
- ☐ Wipe baseboards and light switches

Zone 2: Kitchen

- ☐ Wipe down cabinet doors and handles
- ☐ Clean microwave inside and out
- ☐ Organize fridge and pantry
- ☐ Mop kitchen floor
- ☐ Declutter kitchen counters

Zone 3: Main Bathroom and One Extra Room

- ☐ Scrub bathtub and/or shower
- ☐ Clean bathroom sink and counters
- ☐ Wipe down bathroom cabinet fronts
- ☐ Clean toilet thoroughly
- ☐ Choose an Extra Room to clean

Zone 4: Master Bedroom, Master Bath, and Closet

- ☐ Dust surfaces and ceiling fan
- ☐ Vacuum under the bed
- ☐ Organize bedside tables
- ☐ Clean master bathroom mirrors, counters, and floors
- ☐ Declutter closet (15 minutes)

Zone 5: Living Room (Family Room / Den)

- ☐ Dust TV, electronics, and shelves
- ☐ Vacuum or mop floors
- ☐ Fluff and rotate couch cushions
- ☐ Wipe baseboards and windowsills
- ☐ Declutter magazines, toys, or clutter hotspots