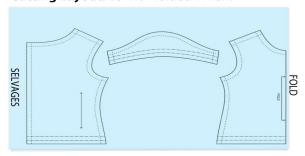
Cut out or trace the pattern pieces provided. Fold the fabric in half along the lengthwise grain for double thickness. Following the grainlines indicated on the pattern pieces, place them on the fabric and pin. Note the FRONT is cut on a FOLD. Cut out all the pieces being careful to cut out accurately along all edges of the pieces. A suggested cutting layout is offered below on a "fat eighth" of 56" width fabric.

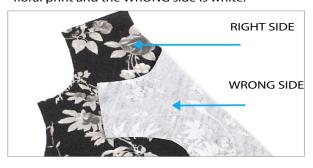
## Cutting Layout: 28" x 9" folded in half.



Cut Fabric Pieces: 2-Back, 2- Sleeve, 1 Front



The fabric used in these step by step illustrations is a 2-way stretch jersey knit. The RIGHT side is black floral print and the WRONG side is white.



## **Sewing Terms Defined:**

- **Armscye:** {*Pronounced arms-eye* } The armhole, the fabric edge to which the sleeve is sewn.
- **Backstitch** One or two firm stitches sewn in place or backwards, at the beginning or end of a row of stitching.
- Fat Quarter/ Fat Eighth A traditional 1/4 yard is cut 9" by the width of the fabric (36" 60"). A "fat quarter" is cut 18" tall by half the width of the fabric. A 44" width fabric would measure 18" x 22" for a fat quarter. One full yard would have 4 fat quarters, or 8 fat eighths.
- Overlock Stitch A stitch selection that sews a straight stitch and zig zag stitch in the same motion, to sew the seam and finish the raw edge; it can also be used with an overlock presser foot.
- Presser Foot The footplate of a sewing machine that holds the fabric down as it is guided through with the lower feed dogs (the mechanical part that feeds the fabric under the needle).
- RIGHT sides together line up the seam with the right side of the fabrics facing each other.
- Seam Allowance: The fabric extending from the stitching line to the raw edge.