

100 Bits of Life for Project Life

Created by Jessica Turner of TheMomCreative.com

Everyday Life

1. Billing statements
2. Netflix packaging
3. Packaging from household products (Diapers, paper towel, cleaning products, etc.)
4. Packaging from online shopping (Amazon, Totsy, Zulily, etc.)
5. Breastmilk bag
6. Store ad
7. Newspaper clipping
8. Magazines
9. Prescription paperwork
10. Favorite DVD (the digital copy that often comes with DVDs)
11. DVD packaging
12. Cover of a book
13. Receipts
14. Favorite CD
15. Appointment reminder card
16. TV channel guide
17. TV program guide (favorite shows highlighted)
18. Auto proof of insurance card
19. Vehicle registration
20. Lesson schedule (piano, voice, dance, acting, work-out, etc.)
21. Seed packet
22. Food labels/tags/packaging
23. Fortune cookie fortune
24. Starbucks/coffee wrapper
25. To go menus
26. Receipts (gas, dinner, grocery shopping, etc.)

28. Shopping lists (Target, grocery, etc.)
29. Groupon print-out
30. Business cards
31. Tag from new clothing
32. Ribbon of support (breast cancer, missing person, military, etc.)
33. Wristband of support
34. Stamps
35. 'I Voted' sticker
36. Presidential campaign bits
37. Favorite recipe
38. Hospital bracelet
39. Paint chip
40. Food packaging
41. Church bulletin
42. Funeral card/program
43. Post-it notes
44. Game pieces (monopoly money, apples to apples card, playing card)
45. Price tags
46. Daytimer or calendar page
47. Pay stub
48. School ID/work ID
49. House key

Special Occasions & Adventures

50. Playbill
51. Theatre ticket
52. Movie ticket
53. Concert ticket
54. Sporting event ticket
55. Handwritten letter
56. Birthday invitation
57. Trip agenda
58. Hotel keycard
59. Nametag

60. Coffee packaging
61. Small toy
62. Plane boarding pass
63. Luggage tags
64. Celebrity autograph
65. Wedding program
66. Wedding invitation
67. Wedding save-the-date card
68. Seashells
69. Sand (glued to a card)
70. Postcard
71. Marathon number
72. Special event wristband
73. Award certificate
74. Blue ribbon
75. Parking vouchers/tickets
76. Matchbook
77. Money (2012 penny, coins from traveling, etc.)

Children

78. Handprint art
79. Thin child's mitten
80. Small toy
81. Child's handwriting sample
82. School progress report/report card
83. School artwork
84. School newsletter or newspaper
85. Baby socks
86. Baby onesie
87. Fabric from child's outfit that s/he grew out of
88. DVD of family videos
89. Child's immunization record
90. Piece of yarn cut to child's height



Seasonal

91. Christmas cards
92. Wrapping paper
93. Fall leaf
94. Dried flower
95. Halloween candy wrapper
96. Thin Halloween mask
97. Valentine's Day Card
98. Gift tag
99. Annual Christmas letter
100. Seasonal children's art project (Easter bunny, the nativity, etc.)

For more inspiration, check out Project Life Tuesday each week on TheMomCreative.com.

