

Book and Chapter 1 NEPHI 6-7  
**theFACTS**

words I looked up

Verse	Word	Definition
6:2	suffice	is enough
7:1	meet	proper or wise
7:14	strive	work hard
7:15	command	commands
7:21	frankly	freely, candidly, openly, plainly

significant actions or principles (facts)

Scripture or Principle	What I learned	Other verses
Prayer	"Nephi didn't pray to have his circumstances changed. Rather, he prayed for the strength to change his circumstances." - David A. Haines	2:18
Forgiveness	You can be hurt and still forgive someone. The hurt doesn't have to go away, but the anger and hate does.	2:49
Love your enemy	I should want the best even for those who hate me or treat me unkindly.	2:67

other scriptures I looked up

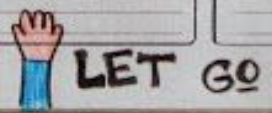
Scripture	What I learned
Alma 4:8	How quickly the children of men forget the Lord their God. Maybe that is why the Lord asks us to take the sacrament weekly. (v.10)
Alma 5:6	One way we keep our testimonies strong is by remembering past blessings from the Lord to us.

questions I asked

Why have I not forgiven yet? Am I still holding any grudges?

people in this chapter

Person(s)	What I learned from them	Other verses
Nephi	He frankly forgave his brothers after they had shown violence toward him repeatedly.	1:10
Ishmael	Must have been a man of sufficient faith and humility to respond to such a bold invitation. He and his wife had 2 sons and 5 daughters.	



Other verses

6:5	"Not one of us will be able to get to the island."
7:6	"The man on the ship and of which is lineage, and that Ishmael."
	"This man might be..."
7:15	"Go on Opa (2) All the..."
7:16	"This image in the..."
7:17	"Nephi the son..."
7:21	"Forgive those that and and..."
7:2	"We saw we saw other..."