Daily Diabetes Log

Week of :_____

	Fasting Blood Sugar	Med/ Insulin	Lunch Blood Sugar	Med/ Insulin	Dinner Blood Sugar	Med/ Insulin	Before Bed Blood Sugar	Med/ Insulin	Comments Diet, Excercise, Sickness, Stress
	Before/ After		Before/ After		Before/ After				
MON									
TUE									
WED									
THU									
FRI									
SAT									
SUN									