

DIABETES Control Chart

Excellent	4%	50 mg/dl	2.6 mmol/L
	5%	80 mg/dl	4.7 mmol/L
Good	6%	115 mg/dl	6.3 mmol/L
	7%	150 mg/dl	8.3 mmol/L
Action Suggested	8%	180 mg/dl	10.0 mmol/L
	9%	215 mg/dl	11.9 mmol/L
	10%	250 mg/dl	13.7 mmol/L
	11%	280 mg/dl	15.6 mmol/L
	12%	315 mg/dl	17.4 mmol/L
	13%	350 mg/dl	19.3 mmol/L
	14%	380 mg/dl	21.1 mmol/L