MY MEDICATION LOG

Page	of	
(Lise Ad	lditional Page	s as Needed)

Prescription Medications						
Drug Name & Dose	How Often	Reason for Taking	Start Date	Prescribing Doctor		

Over-the-Counter Medications, Including Vitamins, Herbs, Laxatives, Pain Relievers, etc.						
Name & Dose	How Often	Reason for Taking	Start Date	Prescribing Doctor		