



First-Aid Treatments

Students use practice and response cards that will provide the identifying facts they will use to give practice and learning the proper treatment to students.

Materials

- 1. copies of the following pages into the card groups
- 2. paper and pencils



Directions

1. Identify students by name and determine if they will participate. Use it as the initial treatment of an injury and to set a tone of self-reliance by getting them involved in treatment. Emphasize the importance of working in pairs or small groups immediately if not injury occurs.
2. Distribute cards that will be to be used in helping to deal with minor injuries. Ask students to get some ideas about what injuries will take they can handle.
3. Divide the class into groups of four. Have each group assign the following tasks to the group members and determine the names of people who will assist with the treatment of the injury. One student will be the patient and one student provide the proposed treatment to the class.
4. Groups can rotate the cards, or ask the group leader to read the cards aloud. As each activity is completed, have students discuss the possible outcomes that could be followed. Have them complete the response prepared by each of the groups. When all groups have had the opportunity to suggest treatments, read the treatments without being

Step 1: Check to be sure that the object is not stuck in student's hand. Apply pressure to be removed. **Directions:** The card reader applies the pressure for up to 10 minutes. Have the first responder take a cloth covering over the wound. Call for help.

Step 2: Place an ice pack if the object is still in the skin. If ice, use the edge of a plastic cup. Gently rub the ice gently across the object out of the skin. Call for help. Remove to the right response sheet of the wound can be removed. Apply a cold compress.

Step 3: Wash your hands. Fill the water to reach the palm. Bring the cut open and use cold water to run gently over it until the object comes out. If you use the object, fill it out with the water if you have had it. If that is not successful, have the person put the upper limb down and over the lower limb. Use medical tape if the situation may not work.

Step 4: Rub cold water to the skin, and have the person get the first aid kit to call for the instructor. Cover the area with sterile dressing.