## **DAILY DIABETES LOG**

Week of :

DAY	Fasting Blood Sugar		Med/ insulin	Lunch Blood Sugar		Med/ insulin	Dinner Blood Sugar		Med/ insulin	Before Bed Blood Sugar	COMMENT Diet, exercise, sickness,
	Before	After		Before	After		Before	After			stress
MONDAY											
TUESDAY											
WEDNESDAY											
THURSDAY											
FRIDAY											
SATURDAY											
SUNDAY											