



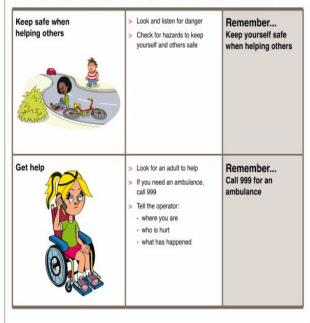


What you need to know

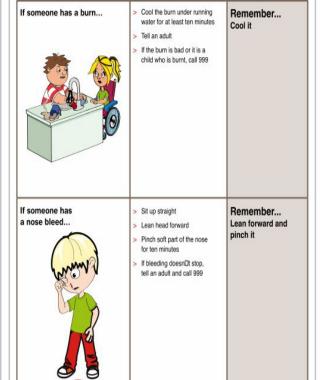
Remember - at all times:

- 1. stay calm and check is the area safe
- 2. think before you do anything
- 3. talk to the person you are helping
- 4. look for an adult to help.

For any emergency where someone is very ill or injured, you need to get adult help AND call 999.



What you need to know



Life. Live it. First aid education for children 🔾

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