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Your to do itinerary

Buttoned Up:

The trick to tackling a long laundry list of to-dos with a minimum of stress: scheduling! Break the list down into bite-sized pieces by identifying a handful of to-dos, errands, chores, and contacts to take care of each day. Added bonus: you'll reclaim a bit of your weekends if you had a tendency to let all of your chores pile up.



prioritize so you
get the important
things done first

buttoned up:
100%

week of:

	monday	tuesday	wednesday	thursday	friday	saturday	sunday
errands / to do's	○	○	○	○	○	○	○
chores	○	○	○	○	○	○	○
calls / emails	○	○	○	○	○	○	○
notes							