Notes

Monday

H2O ▯▯▯▯▯▯▯▯ $ _____ Fitness ☐

Tuesday

H2O ▯▯▯▯▯▯▯▯ $ _____ Fitness ☐

Wednesday

H2O ▯▯▯▯▯▯▯▯ $ _____ Fitness ☐

Thursday

H2O ▯▯▯▯▯▯▯▯ $ _____ Fitness ☐

Friday

H2O ▯▯▯▯▯▯▯▯ $ _____ Fitness ☐

Saturday

H2O ▯▯▯▯▯▯▯▯ $ _____ Fitness ☐

Sunday

H2O ▯▯▯▯▯▯▯▯ $ _____ Fitness ☐