



In Safe Hands

# FIRST AID TRAINING FOR EARLY YEARS & SCHOOLS

## NEW CHILD RESUSCITATION GUIDELINES 2010

### DANGER

Is it safe?

### RESPONSE

Talk to them, tap them on the shoulder.

### SHOUT FOR HELP

Is a defibrillator available?

### AIRWAY

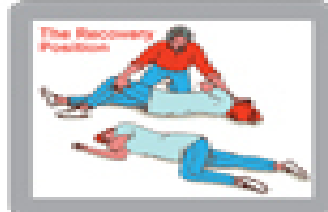
Open the airway as shown.

### BREATHING

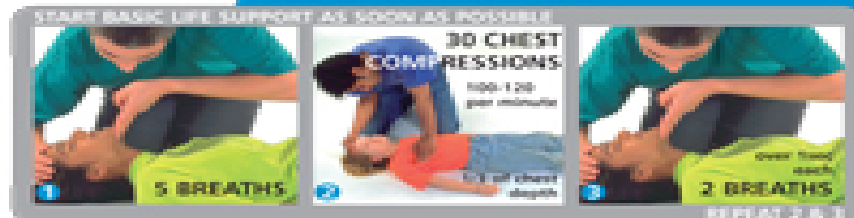
Is it normal or abnormal?  
(check for no more than 10 seconds)



**NORMAL BREATHING - 999 or 112**



**ABNORMAL BREATHING - 999 or 112**



In Safe Hands can supply training in:  
First Aid for Schools, First Aid for Work, Paediatric First Aid (Ofsted compliant),  
Emergency First Aid at Work, Health & Safety, Food Safety & much more.  
Tel: 0844 800 9902 [www.insafehandstraining.com](http://www.insafehandstraining.com)

TRAINING AVAILABLE IN SCHOOL OR WITH US

In Safe Hands accepts no responsibility for injury or illness arising from using the advice. This is guidance and should not be a substitute for formal training.