Daily Nutrition Log							
Item(s) Consumed Breakfast	Nutrition Information						
	Cals.	Fat	Carbs.	Sugar	Protein	Fiber	Sodium
Snack	Cals.	Fat	Carbs.	Sugar	Protein	Fiber	Sodium
Lunch	Cals.	Fat	Carbs.	Sugar	Protein	Fiber	Sodium
Snack	Cals.	Fat	Carbs.	Sugar	Protein	Fiber	Sodium
Dinner	Cals.	Fat	Carbs.	Sugar	Protein	Fiber	Sodium
Snack	Cals.	Fat	Carbs.	Sugar	Protein	Fiber	Sodium
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Total	Cals.	Fat	Carbs.	Sugar	Protein	Fiber	Sodiur