



Wendy's DRINKS

ITEM	Calories	Protein	Carbs	Sugars	Fat	Sat. Fat
Strawberry Passion FruiTea Chiller Large	290	0	73	69	0	0
Mango Peach FruitTea Chiller Large	280	0	72	70	0	0
Mango Peach FruitTea Chiller Med	250	0	64	62	0	0
Strawberry passion FruiTea Chiller Med	250	0	65	61	0	0
Coca - Cola Small	200	0	54	54	0	0
Strawberry Lemonade	200	0	51	48	0	0
All Natural Lemonade Small	190	0	49	46	0	0
Barq's Root Beer Small	180	0	50	50	0	0
Fanta Orange Small	180	0	49	49	0	0
Hi-C Flashin' Fruit Punch Small	170	0	46	46	0	0
Dr Pepper Small	160	0	43	43	0	0
Pibb Xtra Small	160	0	43	43	0	0
Sprite Small	160	0	43	43	0	0
Mango Peach FruiTea Chiller Small	150	0	37	36	0	0
Strawberry Passion FruiTea Chiller Small	150	0	38	36	0	0
TruMoo Lowfat Chocolate Milk	140	7	22	20	3	2
Honest Tropical Green Tea Med	120	0	30	30	0	0
Brewed Sweetened Iced Tea	110	0	29	28	0	0
Honest Tropical Green Tea Large	110	0	29	29	0	0
TruMoo Lowfat White Milk	100	8	12	11	3	2
Juicy Juice Apple Juice	90	0	22	20	0	0
Honest Tropical Green Tea Small	60	0	14	14	0	0
Honest Tropical Green Tea Value	60	0	14	14	0	0
Strawberry Iced Tea	50	0	13	12	0	0
Brewed Unsweetened Iced Tea	5	0	1	0	0	0
Minute Maid Light Lemonade Small	5	0	1	0	0	0
Diet Coke Small	0	0	0	0	0	0
Nestle Pure Life Bottled Water	0	0	0	0	0	0