



Wendy's

MENU NUTRITION

BREAKFAST

ITEM	Calories	Fat	Carbs	Protein
Honey Butter Biscuit	310	19g	32g	3g
Sausage Gravy & Biscuit	450	29g	41g	7g
Sausage Biscuit	470	35g	27g	12g
Sausage Egg & Cheese Biscuit	610	45g	29g	20g
Chicken Biscuit	500	29g	44g	14g
Bacon Egg & Cheese Biscuit	420	27g	28g	16g
Classic Bacon Egg & Cheese	320	17g	25g	18g
Sausage Egg & Cheese	500	35g	26g	22g
Breakfast Baconator	730	50g	37g	34g
Bacon Egg & Cheese Croissant	410	23g	34g	18g
Sausage Egg & Cheese Croissant	600	41g	34g	22g
Maple Bacon Chicken Croissant	560	30g	51g	22g
Small Seasoned Potatoes	230	10g	32g	3g
Medium Seasoned Potatoes	330	14g	46g	4g
Large Seasoned Potatoes	410	17g	59g	6g