

WEDDING BEAUTY

CHECKLIST

** 9-12 months before **

- ☐ Decide on your wedding beauty budget. Don't forget to include any prewedding treatments, such as facials, into your plans.
- ☐ Start a beauty binder to contain notes, photos, and magazine clippings to provide inspiration for your big day.
- ☐ Find out which salons or local artists offer wedding hair and/or makeup. Request price lists, too, since this might narrow your options.
- ☐ Decide if you are OK going somewhere for your hair and makeup day of or if you'd like the stylists to come to you.
- ☐ If you're thinking of a new haircut or color for your wedding, then now's the time to try it all out.
- ☐ Work with your dentist to address any concerns you may have.

** 6-9 months before **

- ☐ Schedule trial hair and makeup runs with any salons or artists in the area that offer bridal services.
- ☐ If you plan to do your own makeup, then start playing with different colors, looks, and styles.

** 4-6 months before **

- ☐ Schedule hair and makeup appointments for the big day.
- ☐ Visit a dermatologist if you have any minor skin issues you want to address before your wedding.
- ☐ Test-drive any skin and body treatments to make sure you don't have a bad reaction. Plan a schedule of services with your esthetician.
- ☐ Consult with a brow specialist if brows need to grow out and/or be reshaped.

** 1 month before **

- ☐ Get a trim.
- ☐ Begin an optional at-home tooth-whitening treatment, or go in for a professional one.

** 2 weeks before **

- ☐ Touch up your roots if your hair is colored.
- ☐ Prepare crystal-clear directions to your wedding site, and deliver them to everyone on your beauty team.
- ☐ List your contact information and beauty team arrival times.
- ☐ Schedule manicures and pedicures for the day before the wedding.
- ☐ To save time, prepay for any beauty services scheduled for the day of the wedding.

** 1 week before **

- ☐ Confirm all beauty appointments.
- ☐ Get brows, bikini line, etc. waxed.
- ☐ Arrange to have a bridesmaid bring any hairpieces or accessories to the wedding site, so you don't have to worry about keeping track of them on the big day.
- ☐ Start packing a bag with everything you will need for the wedding day.
- ☐ Get your final facial and/or body treatments to ensure maximum glow for your wedding.

** 1-2 days before **

- ☐ Apply self-tanner if you're using it, or go in for a professional application.
- ☐ Go in for manicure and pedicure. It's a good idea to bring your own colors so you can touch up any last-minute chips on the spot.
- ☐ Wash your hair for the last time before your wedding. Day-dirty hair holds a style much better than freshly washed hair.
- ☐ Do a deep-conditioning hair treatment approved by your stylist.
- ☐ Apply an at-home brightening face mask approved by your esthetician and only if you're certain it won't cause an adverse reaction.

** The wedding day **

- ☐ Shower four to five hours before your call time with a tight shower cap on to protect your hair. Confirm arrival times with vendors and wedding party.
- ☐ Get your hair styled three hours before call time.
- ☐ Start applying makeup, or having it applied, while hair is setting or after it is styled, at least one to two hours before the ceremony.
- ☐ Don't forget to moisturize your hands and double-check your manicure. All eyes are on your new ring!
- ☐ Take your touch-up essentials with you when you head to the ceremony.
- ☐ Spritz perfume just as you're leaving so you'll still have it on as you walk down the aisle.

