

Introduction



This course provides underpinning content and context for one of the core units in SVQ level 3 Health and Social Care and is also one of the mandatory units in the revised HNC Social Care; DK4K 04 (HSC 32) Promote, monitor and maintain health, safety and security in the working environment. To print a glossary of terms used throughout this course please click [here](#).

The role of Health and Safety in care settings



The subject of Health and Safety often fills workers with a feeling of gloom. It is often considered as 'a whole lot of rules and regulations' given out by managers to staff when in fact, it is just common sense. But it is clearly much more than that.

Today, health and safety features not only at work but also in every aspect of our life - on transport, in shops, when we go on holiday, go

to a restaurant, where we study, in the places we worship, or even in our own homes. However it is in the workplace, where we, as workers, share the responsibility with our employers to ensure that the working environment is a safe place for all who use that environment. This will include individuals, workers, key people and others who use that environment.

It is concerned with the essentials of good care; it is the essence of a positive care environment and it is the core of the caring relationship between workers and individuals. And, it is within this relationship that the worker has to endeavour to uphold the essentials of health and safety policy and legislation, while at the same time upholding the importance of the individual's rights, choices and well-being.

Care Settings