

# Weekly Meal Planner

Week of December 31, 2006

<b>Sunday 31</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Monday 1</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Grocery List</b> _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____
<b>Tuesday 2</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Wednesday 3</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	
<b>Thursday 4</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Friday 5</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	
<b>Saturday 6</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Meal ideas for next week</b> _____ _____ _____ _____	