

	Sun	Mon	Tues	Wed	Thur	Fri	Sat
5 am :30							
6 am :15 :30 :45							
7 am :15 :30 :45							
8 am :15 :30 :45							
9 am :15 :30 :45							
10 am :15 :30 :45							
11 am :15 :30 :45							
12 PM :15 :30 :45							
1 PM :15 :30 :45							
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