

Babysitter Reference Sheet

For a Medical or Safety Emergency, please call **911** first!

Our Address and Telephone Number (landline)

Parent #1's Mobile Contact Information

Cell	Work	Email
------	------	-------

Parent #2's Mobile Contact Information

Cell	Work	Email
------	------	-------

Medical Notes

(These are the conditions or medical issues our child has, please make a note of them when caring for our child)

Allergy Notes

(Our child should not be fed and/or come in contact with any of these things, if they do please take the action listed below)

Allergies

Action to Take

www.afrugallife.org

Copyright 2011