

## FUN HEALTHY VALENTINE'S CARDS- HEALTHY FOOD CARDS

Your heart loves vegetables!  
**Happy Valentine's Day**



Pyramid Games- [www.chefsolus.com](http://www.chefsolus.com)

Healthy foods come from trees.  
**Happy Valentine's Day**



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Your heart loves plant foods like  
fruits, vegetables and beans!  
**Happy Valentine's Day**



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Your bones love milk foods!  
**Happy Valentine's Day**



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