

First Aid for children

INERFOODITIAN

SYMPTOMS

- Vomiting
- Diarrhoea
- Stomach pain
- Loss of appetite
- Fever
- Dehydration

CAUSES

- Bacterial infection
- Viral infection
- Parasitic infection
- Food poisoning
- Intestinal worms

TREATMENT

- Rest
- Hydration
- Oral rehydration solutions
- Pain relief
- Antibiotics (if prescribed)

PREVENTION

- Hand hygiene
- Food safety
- Clean water
- Regular medical check-ups



STROKE

SYMPTOMS

- Sudden weakness or numbness
- Sudden confusion
- Sudden vision changes
- Sudden difficulty speaking
- Sudden difficulty walking
- Sudden severe headache

CAUSES

- Blood clot
- Bleeding in the brain
- Blood vessel narrowing
- High blood pressure
- Atherosclerosis

TREATMENT

- Immediate medical attention
- Tissue plasminogen activator (tPA)
- Surgery
- Rehabilitation



UNCONSCIOUS

SYMPTOMS

- Loss of consciousness
- Unresponsiveness
- Abnormal breathing
- Pale or blue skin
- Incontinence

CAUSES

- Trauma
- Seizure
- Stroke
- Anaphylaxis
- Hypoglycaemia

TREATMENT

- Call for help
- Check airway
- Check breathing
- Check pulse
- Provide oxygen
- Provide CPR



REVERENT PAIN

SYMPTOMS

- Severe pain
- Swelling
- Redness
- Heat
- Loss of function

CAUSES

- Trauma
- Infection
- Allergy
- Burns
- Frostbite

TREATMENT

- Rest
- Ice
- Elevation
- Compression
- Pain relief
- Antibiotics (if prescribed)



RELABORATORY

SYMPTOMS



- Fatigue
- Weakness
- Loss of appetite
- Weight loss
- Fever
- Night sweats

CAUSES

- Infection
- Cancer
- Autoimmune disease
- Endocrine disorder
- Chronic kidney disease

TREATMENT

- Rest
- Nutrition
- Medication
- Surgery
- Radiation therapy

RENO-DALIN

SYMPTOMS


- Pain
- Swelling
- Redness
- Heat
- Loss of function

CAUSES

- Trauma
- Infection
- Allergy
- Burns
- Frostbite

TREATMENT

- Rest
- Ice
- Elevation
- Compression
- Pain relief
- Antibiotics (if prescribed)



FEVER

SYMPTOMS


- Elevated body temperature
- Chills
- Sweating
- Fatigue
- Loss of appetite

CAUSES

- Infection
- Inflammation
- Immune response
- Hypothalamic dysfunction
- Medication

TREATMENT

- Rest
- Hydration
- Pain relief
- Antipyretics



ASTHMA & ALLERGIES

SYMPTOMS

- Wheezing
- Coughing
- Shortness of breath
- Chest tightness
- Sneezing
- Itchy eyes

CAUSES

- Allergens
- Irritants
- Genetic factors
- Environmental factors
- Infections

TREATMENT

- Avoidance of triggers
- Inhalers
- Antihistamines
- Corticosteroids

