

B	I	N	G	O
Dizziness	High Blood Pressure	Bathing	Tremors	Pursed Lip Breathing
Vision	Shortness of Breath	Proper Footwear	Fever/Chills	Arthritis
Numb/Tingling	Doctor Appointments	FREE	Medication	Activities of Daily Living
Diabetes	Exercise	Schedule/Alarms	Lifeline	911
Eating	Pain	Balance	Stroke	Memory