

DAILY CHORES (BY CATEGORY; 8 ITEMS EACH) DAY _____

Got lots to do? List and tick off detailed chores under including laundry, shopping, meals, cleaning and errands.

| | Chores | ✓ | ✓ |
|------------------|--------|---|---|
| Laundry/Ironing | 1 | 5 | |
| | 2 | 6 | |
| | 3 | 7 | |
| | 4 | 8 | |
| Shopping | 1 | 5 | |
| | 2 | 6 | |
| | 3 | 7 | |
| | 4 | 8 | |
| Meal Preparation | 1 | 5 | |
| | 2 | 6 | |
| | 3 | 7 | |
| | 4 | 8 | |
| Cleaning/Tidying | 1 | 5 | |
| | 2 | 6 | |
| | 3 | 7 | |
| | 4 | 8 | |
| Errands | 1 | 5 | |
| | 2 | 6 | |
| | 3 | 7 | |
| | 4 | 8 | |
| Notes | | | |

DAILY CHORES (WITH ABC PRIORITY) DAY _____

Need to make sure certain chores get done, but others can wait? Use this list to prioritize the day's household tasks.

| Tasks | Priority (A, B, C) | ✓ |
|-------|--------------------|---|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |
| 8 | | |
| 9 | | |
| 10 | | |
| 11 | | |
| 12 | | |
| 13 | | |
| 14 | | |
| 15 | | |
| 16 | | |
| 17 | | |
| 18 | | |
| 19 | | |
| 20 | | |
| Notes | | |