

# WEDDING BEAUTY

## CHECKLIST

### • 9-12 months before •

- Decide on your wedding beauty budget. Don't forget to include any prewedding treatments, such as facials, into your plans.
- Start a beauty binder to contain notes, photos, and magazine clippings to provide inspiration for your big day.
- Find out which salons or local artists offer wedding hair and/or makeup. Request price lists, too, since this might narrow your options.
- Decide if you are OK going somewhere for your hair and makeup day or if you'd like the stylists to come to you.
- If you're thinking of a new haircut or color for your wedding, then now's the time to try it all out.
- Work with your dentist to address any concerns you may have.

### • 6-9 months before •

- Schedule trial hair and makeup runs with any salons or artists in the area that offer bridal services.
- If you plan to do your own makeup, then start playing with different colors, looks, and styles.

### • 4-6 months before •

- Schedule hair and makeup appointments for the big day.
- Visit a dermatologist if you have any minor skin issues you want to address before your wedding.
- Test-drive any skin and body treatments to make sure you don't have a bad reaction. Plan a schedule of services with your esthetician.
- Consult with a brow specialist if brows need to grow out and/or be reshaped.

### • 1 month before •

- Get a trim.
- Begin an optional at-home tooth-whitening treatment, or go in for a professional one.

### • 2 weeks before •

- Touch up your roots if your hair is colored.
- Prepare crystal-clear directions to your wedding site, and deliver them to everyone on your beauty team.
- List your contact information and beauty team arrival times.
- Schedule manicures and pedicures for the day before the wedding.
- To save time, prepay for any beauty services scheduled for the day of the wedding.

### • 1 week before •

- Confirm all beauty appointments.
- Get brows, bikini line, etc. waxed.
- Arrange to have a bridesmaid bring any hairpieces or accessories to the wedding site, so you don't have to worry about keeping track of them on the big day.
- Start packing a bag with everything you will need for the wedding day.
- Get your final facial and/or body treatments to ensure maximum glow for your wedding.

### • 1-2 days before •

- Apply self-tanner if you're using it, or go in for a professional application.
- Go in for manicure and pedicure. It's a good idea to bring your own colors so you can touch up any last-minute chips on the spot.
- Wash your hair for the last time before your wedding. Day-dirty hair holds a style much better than freshly washed hair.
- Do a deep-conditioning hair treatment approved by your stylist.
- Apply an at-home brightening face mask approved by your esthetician and only if you're certain it won't cause an adverse reaction.

### • The wedding day •

- Shower four to five hours before your call time with a tight shower cap on to protect your hair. Confirm arrival times with vendors and wedding party.
- Get your hair styled three hours before call time.
- Start applying makeup, or having it applied, while hair is setting or after it is styled, at least one to two hours before the ceremony.
- Don't forget to moisturize your hands and double-check your manicure. All eyes are on your new ring!
- Take your touch-up essentials with you when you head to the ceremony.
- Spritz perfume just as you're leaving so you'll still have it on as you walk down the aisle.

