



*The New England  
Diamond Gems  
Concussion Parent  
Information Sheet*



**Quality Organizational Values + Quality Coaching + Quality  
Athletes = Success on and off the Field!**

**CONCUSSION DANGER SIGNS**

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

**Did You Know?**

- **Most concussions occur without loss of consciousness.**
- **Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.**
- **Young children and teens are more likely to get a concussion and take longer to recover than adults.**