

My Lent Journey

PRAYER INTENTIONS

PRAYER LIFE

In order to renew and strengthen my relationship with God, I commit to these practices in prayer.

- {} Morning Offering
- {} Personal Prayers
- {} Family Rosary
- {} Act of Contrition

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ACT ♥f C♥NTRITION

M♥RTIFICATIONS (Fast)

Uniting my suffering to the Passion of Jesus, I offer these sacrifices.

- {} Meatless Fridays

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ALMSGIVING

I desire to detach myself from worldly things.

- {} Confession of Sins
- {} Make Donation

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