

Replace this...	With this...
Allspice	Cinnamon, Cassia, Nutmeg, Mace or Cloves
Aniseed	Fennel Seed or Anise Extract
Basil	Oregano or Thyme
Cardamom	Ginger
Chili Powder	Hot Sauce plus Oregano and Cumin
Chives	Green Onion, Onion or Leek
Cinnamon	Nutmeg or Allspice
Cloves	Allspice, Cinnamon or Nutmeg
Cumin	Chili Powder
Ginger	Allspice, Cinnamon, Mace or Nutmeg
Italian Seasoning	Blend of Basil, Oregano, Rosemary and Ground Red Pepper
Marjoram	Basil, Thyme or Savory
Mint	Basil, Marjoram or Rosemary
Nutmeg	Cinnamon or Ginger
Oregano	Thyme or Basil
Poultry Seasoning	Sage plus Thyme, Marjoram, Savory, Black Pepper and Rosemary
Red Pepper	Dash of Hot Sauce or Black Pepper
Rosemary	Thyme, Tarragon or Savory
Sage	Poultry Seasoning, Savory, Marjoram or Rosemary
Thyme	Basil, Marjoram, Oregano or Savory