

# GOALS FOR 2013

GOAL	STEPS TO ACHIEVE What specific steps will I take to accomplish this goal?	TIMELINE When should each action step be completed?	WHAT'S MY WHY Why does it matter? What is my motivation?
	(1) _____ (2) _____ (3) _____	(1) _____ (2) _____ (3) _____	
	(1) _____ (2) _____ (3) _____	(1) _____ (2) _____ (3) _____	
	(1) _____ (2) _____ (3) _____	(1) _____ (2) _____ (3) _____	
	(1) _____ (2) _____ (3) _____	(1) _____ (2) _____ (3) _____	
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