

Click here for a

# FREE PRINTABLE GROCERY LIST

## Grocery Checklist

<b>Fruit</b>	<b>Deli</b>	<b>Snacks</b>	<b>Drinks</b>	<b>Toiletries</b>
* Apples	* Meat	* Trail Mix	* Juice Boxes	* Shampoo
* Oranges	*	* Fruit Leather	* Juice	* Conditioner
* Pears	*	* Raisins	*	* Body Wash/Soap
* Bananas	* Cheese	* Granola Bars	* Soda	* Lotion
* Grapefruit	*	* Popcorn	*	* Hand Soap
* Kiwi	* Dips	* Crackers	*	* Deodorant
* Grapes	*	* Cookies	*	* Toothpaste
* Strawberries	* Other	* Chips	<b>Canned/Dry Items</b>	* Toothbrushes
* Raspberries	*	* Salsa	* Olives	* Mouth Wash
* Blueberries	*	*	* Beans	* Razors
* Lemons	*	<b>Baking</b>	* Rice	* Feminine Products
* Limes	*	* Flour	* Pasta	* Band-Aids
* Other	*	* Sugar	*	* Vitamins
*	*	* Powdered Sugar	*	* Other
*	*	* Brown Sugar	* Canned Tomatoes	
<b>Vegetables</b>	<b>Bakery</b>	* Salt	* Tomato Paste	<b>Other</b>
* Lettuce	* Bread	* Corn Meal	* Tuna	*
* Spinach	* Buns	* Corn Starch	* Soup	*
* Cucumber	* Bagels	* Baking Soda	* Broth	*
* Tomatoes	* Pita Bread	* Baking Powder	* Coconut Milk	*
* Bell Peppers	* Tortillas	* Cocoa	* Tea	*
* Carrots	* English Muffins	* Shortening	* Coffee Filters	*
* Celery	* Muffins	* Yeast	* Coffee	*
* Avocado	* Cookies	* Extracts	* Cereal	*
* Green beans	* Other	*	* Oatmeal	*
* Broccoli	*	* Other	<b>Supplies</b>	*
* Cauliflower	*	*	* Baggies	*
* Squash	*	*	* Dish Detergent	*
* Mushrooms	<b>Meat</b>	<b>Spices/Condiments</b>	* Laundry Detergent	*
* Corn	* Chicken	* Salt	* Plastic Wrap	*
* Potatoes	* Steak	* Pepper	* Foil	*
* Onions	* Ground Beef	* Herbs	* Paper Towels	*
* Garlic	* Ground Turkey	*	* Tissues	*
* Shallots	* Pork	* Spices	* Toilet Paper	*
* Herbs	* Sausage	*	* Wet Wipes	*
*	* Bacon	*	* Other	*
* Other	* Fish	* Pesto	<b>Kids</b>	*
*	* Shrimp	* Olive Oil	* Diapers	*
*	* Other	* Vegetable Oil	* Wipes	*
*		* Coconut Oil	* Formula	*
<b>Dairy</b>	<b>Frozen Food</b>	* Vinegar	* Diaper Cream	*
* Milk	* Veggies	* Mayonnaise	* Baby Wash	*
* Creamer	* Fruit	* Ketchup	* Other	*
* Cream Cheese	*	* Mustard	*	*
* Yogurt	*	* Dressings	*	*
* Sour Cream	*	*	*	*
* Cheese	* Chicken Strips	* Pickles	*	*
*	* Fish Sticks	* Jam	*	*
* Eggs	* Pizza	* Peanut Butter	*	*
* Butter	* Ice Cream	* Honey	*	*
* Other	* Other	* Agave	*	*
*		* Syrup	*	*
*		* Soy Sauce	*	*
*		* Teriyaki Sauce	*	*
*		* Other	*	*
*		*	*	*