

CLEAN HOUSE

MONDAY TUESDAY WEDNESDAY

MORNING TIME

- ☐ MAKE BEDS
- ☐ WIPE BATHROOM COUNTERS
- ☐ EMPTY DISHWASHER
- ☐ ONE LOAD OF LAUNDRY

EVENING TIME

- ☐ LOAD DISHWASHER
- ☐ WIPE KITCHEN COUNTERS
- ☐ TAKE OUT THE TRASH
- ☐ QUICK SWEEP OR VACUUM
- ☐ SPOT CLEAN THE FLOOR
- ☐ DECLUTTER WITH BASKET
- ☐ DEEP VACUUM

MORNING TIME

- ☐ MAKE BEDS
- ☐ WIPE BATHROOM COUNTERS
- ☐ EMPTY DISHWASHER
- ☐ ONE LOAD OF LAUNDRY

EVENING TIME

- ☐ LOAD DISHWASHER
- ☐ WIPE KITCHEN COUNTERS
- ☐ TAKE OUT THE TRASH
- ☐ QUICK SWEEP OR VACUUM
- ☐ SPOT CLEAN THE FLOOR
- ☐ DECLUTTER WITH BASKET
- ☐ MIRRORS & WINDOWS

MORNING TIME

- ☐ MAKE BEDS
- ☐ WIPE BATHROOM COUNTERS
- ☐ EMPTY DISHWASHER
- ☐ ONE LOAD OF LAUNDRY

EVENING TIME

- ☐ LOAD DISHWASHER
- ☐ WIPE KITCHEN COUNTERS
- ☐ TAKE OUT THE TRASH
- ☐ QUICK SWEEP OR VACUUM
- ☐ SPOT CLEAN THE FLOOR
- ☐ DECLUTTER WITH BASKET
- ☐ TOILETS & TUBS

THURSDAY

MORNING TIME

- ☐ MAKE BEDS
- ☐ WIPE BATHROOM COUNTERS
- ☐ EMPTY DISHWASHER
- ☐ ONE LOAD OF LAUNDRY

EVENING TIME

- ☐ LOAD DISHWASHER
- ☐ WIPE KITCHEN COUNTERS
- ☐ TAKE OUT THE TRASH
- ☐ QUICK SWEEP OR VACUUM
- ☐ SPOT CLEAN THE FLOOR
- ☐ DECLUTTER WITH BASKET
- ☐ MOP THE FLOORS

FRIDAY

MORNING TIME

- ☐ MAKE BEDS
- ☐ WIPE BATHROOM COUNTERS
- ☐ EMPTY DISHWASHER
- ☐ ONE LOAD OF LAUNDRY

EVENING TIME

- ☐ LOAD DISHWASHER
- ☐ WIPE KITCHEN COUNTERS
- ☐ TAKE OUT THE TRASH
- ☐ QUICK SWEEP OR VACUUM
- ☐ SPOT CLEAN THE FLOOR
- ☐ DECLUTTER WITH BASKET
- ☐ SWING DAY

SATURDAY

MORNING TIME

- ☐ MAKE BEDS
- ☐ WIPE BATHROOM COUNTERS
- ☐ EMPTY DISHWASHER
- ☐ ONE LOAD OF LAUNDRY

EVENING TIME

- ☐ LOAD DISHWASHER
- ☐ WIPE KITCHEN COUNTERS
- ☐ TAKE OUT THE TRASH
- ☐ QUICK SWEEP OR VACUUM
- ☐ SPOT CLEAN THE FLOOR
- ☐ DECLUTTER WITH BASKET
- ☐ REMAINING LAUNDRY

SWING DAY

- ☐ WIPE DOWN ALL FURNITURE & CABINETS
- ☐ SCRUB OVEN, MICROWAVE, & FRIDGE
- ☐ WIPE DOWN ALL WALLS, MOULDINGS, & DOORS
- ☐ SPOT CLEAN UPHOLSTERY & RUGS

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OTHER