

Weekly Planner, Week of _____

Mom's Small Victories, www.momsmallvictories.com

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menu Plan: Breakfast	☐	☐	☐	☐	☐	☐	☐
Dinner	☐	☐	☐	☐	☐	☐	☐
Cleaning	☐	☐	☐	☐	☐	☐	☐
Exercising	☐	☐	☐	☐	☐	☐	☐
Errands	☐	☐	☐	☐	☐	☐	☐
Other Goals	☐	☐	☐	☐	☐	☐	☐
Appointments: Morning	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐
Afternoon	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐
Evening	☐	☐	☐	☐	☐	☐	☐
Small Victories & Gratitude							

Achieve your goals, one small victory at a time!