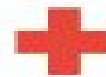




St John Ambulance 



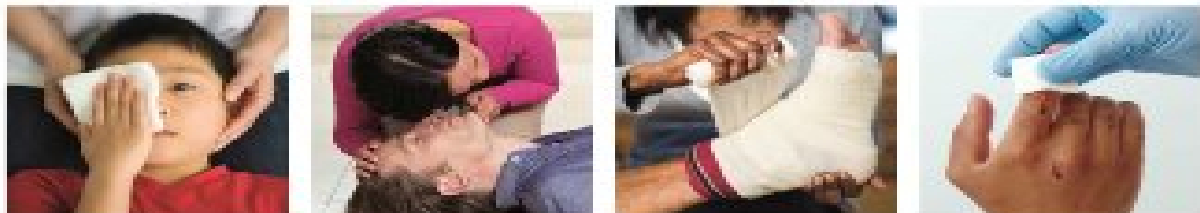
St Andrew's First Aid



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10TH EDITION

FIRST AID MANUAL



WRITTEN AND AUTHORISED BY THE
UK'S LEADING FIRST AID PROVIDERS