fertility.com
EVERY STEP IS A STEP CLOSER

Basal Body Temperature Chart (Celsius)

Name:_____Date From:__/__/___Date To:__/__/___

Cycle Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36
Day of Week																																				
Date																																				
Time																																				
Intercourse																																				
Headache																																				
Tender Breats																																				
Cramps																																				
Mood																																				
Temperature																																				
37.9																																				
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