Master Grocery List

Fruits
- ☐ apples
- ☐ apricots
- ☐ avocados
- ☐ bananas
- ☐ berries
- ☐ cherries
- ☐ grapefruit
- ☐ grapes
- ☐ kiwi
- ☐ lemons
- ☐ limes
- ☐ melons
- ☐ nectarines
- ☐ oranges
- ☐ papaya
- ☐ passion fruit
- ☐ pears
- ☐ plums
- ☐ pomegranate
- ☐ watermelon
- ☐ _____
- ☐ _____
- ☐ _____

Vegetables
- ☐ artichokes
- ☐ asparagus
- ☐ basil
- ☐ beets
- ☐ broccoli
- ☐ cabbage
- ☐ cauliflower
- ☐ carrots
- ☐ celery
- ☐ chilies
- ☐ chives
- ☐ cilantro
- ☐ corn
- ☐ cucumbers
- ☐ eggplant
- ☐ garlic cloves
- ☐ green onions
- ☐ lettuce
- ☐ onions
- ☐ peppers
- ☐ potatoes
- ☐ salad greens
- ☐ spinach
- ☐ sprouts
- ☐ squash
- ☐ tomatoes
- ☐ zucchini
- ☐ _____
- ☐ _____
- ☐ _____

Breakfast
- ☐ cereal
- ☐ grits
- ☐ oatmeal

Unsweetened drink
- ☐ oatmeal
- ☐ pancake mix
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Meat
- ☐ Bacon
- ☐ chicken
- ☐ deli meat
- ☐ ground beef
- ☐ ground turkey
- ☐ ham
- ☐ hot dogs
- ☐ pork
- ☐ sausage
- ☐ steak
- ☐ turkey
- ☐ _____
- ☐ _____

Seafood
- ☐ catfish
- ☐ cod
- ☐ crab
- ☐ halibut
- ☐ lobster
- ☐ oysters
- ☐ salmon
- ☐ shrimp
- ☐ tilapia
- ☐ tuna
- ☐ _____

Frozen
- ☐ chicken fillet
- ☐ desserts
- ☐ fish sticks
- ☐ fruit
- ☐ ice
- ☐ ice cream
- ☐ lasagna
- ☐ pizza
- ☐ meal
- ☐ pie shells
- ☐ pizza
- ☐ pot pies
- ☐ potatoes
- ☐ TV dinners
- ☐ vegetables
- ☐ veggie burger
- ☐ waffles
- ☐ _____
- ☐ _____
- ☐ _____

Baby
- ☐ baby cereal
- ☐ baby food
- ☐ diapers
- ☐ diaper cream
- ☐ formula
- ☐ wipes
- ☐ _____

Pets
- ☐ cat food
- ☐ cat treats
- ☐ dog food
- ☐ shampoo
- ☐ treats
- ☐ flea treatment
- ☐ _____

Baking
- ☐ baking powder
- ☐ baking soda
- ☐ bread crumbs
- ☐ cake decor
- ☐ cake mix
- ☐ canned milk
- ☐ chocolate chips
- ☐ cocoa
- ☐ cornmeal
- ☐ cornstarch
- ☐ flour
- ☐ food coloring
- ☐ frosting
- ☐ muffin mix
- ☐ pie crust
- ☐ shortening
- ☐ sugar (brown)
- ☐ sugar (confect)
- ☐ sugar
- ☐ yeast
- ☐ _____
- ☐ _____

Snacks
- ☐ candy
- ☐ cookies
- ☐ crackers
- ☐ dried fruit
- ☐ fruit snacks
- ☐ gelatin
- ☐ graham crackers
- ☐ granola bars
- ☐ gum
- ☐ nuts
- ☐ popcorn
- ☐ potato chips
- ☐ pretzels
- ☐ pudding
- ☐ raisins
- ☐ sweets
- ☐ tortilla chips
- ☐ _____
- ☐ _____
- ☐ _____

Bakery
- ☐ bagels
- ☐ bread
- ☐ donuts
- ☐ cake
- ☐ cookies
- ☐ croissants
- ☐ dinner rolls
- ☐ hamburger buns
- ☐ hot dog buns
- ☐ muffins
- ☐ pastries
- ☐ pie
- ☐ pita bread
- ☐ tortillas (corn)
- ☐ tortillas (flour)
- ☐ _____

Pasta & Rice
- ☐ brown rice
- ☐ burger helper
- ☐ macaroni
- ☐ elbow macaroni
- ☐ lasagna
- ☐ mac & cheese
- ☐ noodle mix
- ☐ ramen
- ☐ spaghetti
- ☐ white rice
- ☐ _____
- ☐ _____

Cans & Jars
- ☐ applesauce
- ☐ baked beans
- ☐ black beans
- ☐ broth
- ☐ bullion cubes
- ☐ canned fruit
- ☐ canned vegetables
- ☐ carrots
- ☐ chili
- ☐ corn
- ☐ creamed corn
- ☐ garbanzo
- ☐ mushrooms
- ☐ olives (green)
- ☐ olives (black)
- ☐ pasta
- ☐ pasta sauce
- ☐ peanut butter
- ☐ pickles
- ☐ pie filling
- ☐ soup
- ☐ _____
- ☐ _____

Refrigerated
- ☐ biscuits
- ☐ butter
- ☐ chocolate
- ☐ cheese
- ☐ cream
- ☐ cream cheese
- ☐ dip
- ☐ eggs
- ☐ egg substitute
- ☐ feta cheese
- ☐ half & half
- ☐ jack cheese
- ☐ milk
- ☐ mozzarella
- ☐ parmesan
- ☐ salsa
- ☐ shredded cheese
- ☐ sour cream
- ☐ Swiss cheese
- ☐ whipped cream
- ☐ yogurt
- ☐ _____
- ☐ _____

Seasoning
- ☐ basil
- ☐ bay leaves
- ☐ BBQ seasoning
- ☐ cinnamon
- ☐ cloves
- ☐ cumin
- ☐ curry
- ☐ dill
- ☐ garlic powder
- ☐ garlic salt
- ☐ gravy mix
- ☐ Italian seasoning
- ☐ marinade
- ☐ meat tenderizer
- ☐ oregano
- ☐ paprika
- ☐ pepper
- ☐ poultry mix
- ☐ red pepper
- ☐ sage
- ☐ salt
- ☐ seasoned salt
- ☐ soup mix
- ☐ vanilla extract
- ☐ _____
- ☐ _____

Sauces & Condiments
- ☐ BBQ sauce
- ☐ dressing
- ☐ cocktail sauce
- ☐ cooking spray
- ☐ honey
- ☐ horseradish
- ☐ hot sauce
- ☐ lemon juice
- ☐ mayonnaise
- ☐ mustard
- ☐ olive oil
- ☐ relish
- ☐ salad dressing
- ☐ salsa
- ☐ soy sauce
- ☐ steak sauce
- ☐ sweet & sour
- ☐ teriyaki
- ☐ vegetable oil
- ☐ vinegar
- ☐ _____
- ☐ _____

Drinks
- ☐ beer
- ☐ champagne
- ☐ club soda
- ☐ coffee
- ☐ diet soft drinks
- ☐ energy drinks
- ☐ juice
- ☐ liquor
- ☐ soft drinks
- ☐ tea
- ☐ wine
- ☐ _____

Paper Products
- ☐ aluminum foil
- ☐ coffee filters
- ☐ cups
- ☐ garbage bags
- ☐ napkins
- ☐ paper plates
- ☐ paper towels
- ☐ plastic bags
- ☐ plastic cutlery
- ☐ plastic wrap
- ☐ straws
- ☐ waxed paper
- ☐ _____
- ☐ _____

Cleaning
- ☐ air freshener
- ☐ bleach
- ☐ dish soap
- ☐ dishwasher detergent
- ☐ fabric softener
- ☐ floor cleaner
- ☐ glass spray
- ☐ laundry soap
- ☐ polish
- ☐ sponges
- ☐ vacuum bags
- ☐ _____

Personal Care
- ☐ bath soap
- ☐ bug repellant
- ☐ conditioner
- ☐ cotton swabs
- ☐ dental floss
- ☐ deodorant
- ☐ facial tissue
- ☐ family planning
- ☐ feminine products
- ☐ hair spray
- ☐ hand soap
- ☐ lip balm
- ☐ lotion
- ☐ make-up
- ☐ mouthwash
- ☐ razors/blades
- ☐ shampoo
- ☐ shaving cream
- ☐ sunscreen
- ☐ toilet tissue
- ☐ toothbrush
- ☐ toothpaste
- ☐ _____
- ☐ _____

Misc. Items
- ☐ batteries
- ☐ charcoal
- ☐ greeting cards
- ☐ light bulbs
- ☐

www.FreePrintableGroceryList.com