

The Master Grocery List

<p>PRODUCE/DELI</p> <p><input type="checkbox"/> Lemons</p> <p><input type="checkbox"/> Limes</p> <p><input type="checkbox"/> Apples</p> <p><input type="checkbox"/> Bananas</p> <p><input type="checkbox"/> Grapes</p> <p><input type="checkbox"/> Pears</p> <p><input type="checkbox"/> Berries</p> <p><input type="checkbox"/> Grapefruit</p> <p><input type="checkbox"/> Other fruits:</p> <p>_____</p> <p>_____</p> <p><input type="checkbox"/> Celery</p> <p><input type="checkbox"/> Tomatoes</p> <p><input type="checkbox"/> Lettuce</p> <p><input type="checkbox"/> Prewashed salad</p> <p><input type="checkbox"/> Bell peppers</p> <p><input type="checkbox"/> Carrots</p> <p><input type="checkbox"/> Onions</p> <p><input type="checkbox"/> Scallions</p> <p><input type="checkbox"/> Garlic</p> <p><input type="checkbox"/> Potatoes</p> <p><input type="checkbox"/> Green beans</p> <p><input type="checkbox"/> Corn</p> <p><input type="checkbox"/> Spinach</p> <p><input type="checkbox"/> Avocados</p> <p><input type="checkbox"/> Cucumbers</p> <p><input type="checkbox"/> Asparagus</p> <p><input type="checkbox"/> Mushrooms</p>	<p><input type="checkbox"/> Broccoli</p> <p><input type="checkbox"/> Cauliflower</p> <p><input type="checkbox"/> Other vegetables:</p> <p>_____</p> <p>_____</p> <p><input type="checkbox"/> Fresh herbs</p> <p><input type="checkbox"/> Deli meats</p> <p><input type="checkbox"/> Deli cheese</p> <p>MEAT/FISH</p> <p><input type="checkbox"/> Beef</p> <p><input type="checkbox"/> Chicken</p> <p><input type="checkbox"/> Turkey</p> <p><input type="checkbox"/> Pork</p> <p><input type="checkbox"/> Sausage</p> <p><input type="checkbox"/> Seafood</p> <p>DRY GOODS</p> <p><input type="checkbox"/> Bread</p> <p><input type="checkbox"/> Cereal</p> <p><input type="checkbox"/> Breadcrumbs</p> <p><input type="checkbox"/> Oatmeal</p> <p><input type="checkbox"/> Crackers</p> <p><input type="checkbox"/> Chips</p> <p><input type="checkbox"/> Pretzels</p> <p><input type="checkbox"/> Cookies</p> <p><input type="checkbox"/> Granola bars</p> <p><input type="checkbox"/> Popcorn</p> <p><input type="checkbox"/> Pasta</p>	<p><input type="checkbox"/> Beans</p> <p><input type="checkbox"/> Rice</p> <p><input type="checkbox"/> Other dry goods:</p> <p>_____</p> <p>_____</p> <p>BAKING GOODS</p> <p><input type="checkbox"/> Sugar</p> <p><input type="checkbox"/> Confectioners' sugar</p> <p><input type="checkbox"/> Brown sugar</p> <p><input type="checkbox"/> Honey</p> <p><input type="checkbox"/> Flour</p> <p><input type="checkbox"/> Baking soda</p> <p><input type="checkbox"/> Baking powder</p> <p><input type="checkbox"/> Cornstarch</p> <p><input type="checkbox"/> Chocolate chips</p> <p><input type="checkbox"/> Raisins</p> <p><input type="checkbox"/> Cake mix</p> <p><input type="checkbox"/> Pancake mix</p> <p><input type="checkbox"/> Cocoa</p> <p><input type="checkbox"/> Marshmallows</p> <p><input type="checkbox"/> Cornmeal</p> <p><input type="checkbox"/> Shortening</p> <p><input type="checkbox"/> Yeast</p> <p><input type="checkbox"/> Salt</p> <p><input type="checkbox"/> Pepper</p> <p><input type="checkbox"/> Extracts</p> <p><input type="checkbox"/> Dried herbs</p> <p><input type="checkbox"/> Dried spices</p>	<p><input type="checkbox"/> Nuts</p> <p><input type="checkbox"/> Other baking goods:</p> <p>_____</p> <p>_____</p> <p>CANNED/JARRED GOODS</p> <p><input type="checkbox"/> Tomatoes</p> <p><input type="checkbox"/> Tomato paste</p> <p><input type="checkbox"/> Tomato sauce</p> <p><input type="checkbox"/> Fruit</p> <p><input type="checkbox"/> Applesauce</p> <p><input type="checkbox"/> Tuna</p> <p><input type="checkbox"/> Broth</p> <p><input type="checkbox"/> Bouillon</p> <p><input type="checkbox"/> Soup</p> <p><input type="checkbox"/> Other canned/jarred goods:</p> <p>_____</p> <p>_____</p> <p>CONDIMENTS/SAUCES</p> <p><input type="checkbox"/> Oil</p> <p><input type="checkbox"/> Vinegar</p> <p><input type="checkbox"/> Mayonnaise</p> <p><input type="checkbox"/> Ketchup</p>	<p><input type="checkbox"/> Mustard</p> <p><input type="checkbox"/> Relish</p> <p><input type="checkbox"/> Peanut butter</p> <p><input type="checkbox"/> Jelly/jam</p> <p><input type="checkbox"/> Salad dressing</p> <p><input type="checkbox"/> Soy sauce</p> <p><input type="checkbox"/> Salsa</p> <p><input type="checkbox"/> Pickles</p> <p><input type="checkbox"/> Other condiments/sauces:</p> <p>_____</p> <p>_____</p> <p>BEVERAGES (NONCHILLED)</p> <p><input type="checkbox"/> Soda</p> <p><input type="checkbox"/> Seltzer</p> <p><input type="checkbox"/> Juice</p> <p><input type="checkbox"/> Water</p> <p><input type="checkbox"/> Tea</p> <p><input type="checkbox"/> Coffee</p> <p><input type="checkbox"/> Coffee filters</p> <p><input type="checkbox"/> Beer</p> <p><input type="checkbox"/> Wine</p> <p><input type="checkbox"/> Other beverages:</p> <p>_____</p> <p>_____</p>	<p>FROZEN</p> <p><input type="checkbox"/> Ice cream</p> <p><input type="checkbox"/> Pizza</p> <p><input type="checkbox"/> Waffles</p> <p><input type="checkbox"/> Vegetables</p> <p><input type="checkbox"/> Dinners</p> <p><input type="checkbox"/> Juice</p> <p><input type="checkbox"/> Other frozen items:</p> <p>_____</p> <p>_____</p> <p>DAIRY</p> <p><input type="checkbox"/> Skim milk</p> <p><input type="checkbox"/> Whole milk</p> <p><input type="checkbox"/> Eggs</p> <p><input type="checkbox"/> Cream</p> <p><input type="checkbox"/> Sour cream</p> <p><input type="checkbox"/> Cottage cheese</p> <p><input type="checkbox"/> Cream cheese</p> <p><input type="checkbox"/> Butter</p> <p><input type="checkbox"/> Buttermilk</p> <p><input type="checkbox"/> Yogurt—plain</p> <p><input type="checkbox"/> Yogurt—flavored</p> <p><input type="checkbox"/> Orange juice</p> <p><input type="checkbox"/> Cheese</p> <p><input type="checkbox"/> Other dairy:</p> <p>_____</p> <p>_____</p>
--	--	--	---	---	--