

Easy-Start Menu | Start...



PERSONAL DEVELOPMENT	RATE 1-10	TOTAL	ORGANIZED!
READING & LEARNING MORE		0	
FOSTERING MY PERSONAL GROWTH			
TAKING COURSES, EDUCATION & TRAINING			
IMPROVING PERSONAL HABITS			
SPIRITUALITY & MINDFULNESS			



HEALTH & FITNESS	RATE 1-10	TOTAL	ORGANIZED!
IMPROVING NUTRITION		0	
EXERCISING REGULARLY			
IMPROVING HEALTH			
LOVING MY BODY			
PRACTICING SELF-CARE			



CAREER & WORK	RATE 1-10	TOTAL	ORGANIZED!
OPTIMIZING MY CURRENT JOB		0	
GETTING A PROMOTION			
FINDING A NEW JOB			
CHANGING CAREER			
STARTING MY OWN BUSINESS			



FUN & RECREATION	RATE 1-10	TOTAL	ORGANIZED!
SPORTS, ACTIVITIES, HOBBIES & INTERESTS		0	
FINDING CREATIVE EXPRESSION			
PLANNING PROJECTS			
PLANNING HOLIDAYS & TRAVEL			
ENJOYING BOOKS, MOVIES & DVDS			



MANAGING TECHNOLOGY	RATE 1-10	TOTAL	ORGANIZED!
ORGANIZING MY COMPUTER		0	
MANAGING MY EMAILS			
MANAGING MY GADGETS—CELL PHONE, PDA, IPOD, ETC			
MANAGING MY INTERNET USE			
MANAGING SOCIAL NETWORKING—FACEBOOK, BLOGS, ETC			



MY HOME	RATE 1-10	TOTAL	ORGANIZED!
CREATING A HOME I LOVE		0	
CLEARING CLUTTER			
DEVELOPING HOUSEHOLD SYSTEMS & PAPERWORK			
ORGANIZING MY CAR & GARAGE			
SIMPLIFYING MY HOME AND MY LIFE			

Easy-Start Menu | ...Continued



PERSONAL PRESENTATION	RATE 1-10	TOTAL	ORGANIZED!
EXPRESSING MY BEST SELF		0	
ORGANIZING MY WARDROBE			
BEING WELL-GROOMED			
BEING POISED & CONFIDENT			
STREAMLINING MY HANDBAG & BRIEFCASE			



STRATEGIES FOR HAPPINESS	RATE 1-10	TOTAL	ORGANIZED!
HAVING A HAPPINESS MINDSET		0	
IMPROVING COGNITIVE STRATEGIES			
CREATING A HAPPY LIFE			
DEVELOPING STRATEGIES FOR HAPPINESS			
RELEASING BARRIERS TO HAPPINESS			



MONEY & FINANCE	RATE 1-10	TOTAL	ORGANIZED!
REDUCING DEBT		0	
IMPROVING SAVINGS & INVESTMENT			
TAKING CHARGE OF DAY-TO-DAY MONEY MANAGEMENT			
PROTECTING MY FAMILY, ASSETS & ME (INSURANCE)			
FINANCIAL ADVISERS & FINANCIAL KNOWLEDGE			



MY RELATIONSHIPS	RATE 1-10	TOTAL	ORGANIZED!
TAKING INVENTORY - ROMANTIC PARTNER		0	
TAKING INVENTORY - FRIENDSHIPS			
IMPROVING RELATIONSHIPS - WORKSHEETS			
REDUCING ENERGY DRAINERS - WORKSHEETS			
ENHANCING RELATIONSHIP SKILLS			



TIME MANAGEMENT	RATE 1-10	TOTAL	ORGANIZED!
ANALYZING MY SCHEDULE - TIME LOG		0	
ANALYZING MY SCHEDULE - PRIORITIES			
STREAMLINING MY SCHEDULE			
REDUCING TIME WASTERS			
CREATING A 'TEMPLATE' IDEAL SCHEDULE			



MY FAMILY	RATE 1-10	TOTAL	ORGANIZED!
SUPPORTING MY SPOUSE/PARTNER		0	
HELPING & COACHING MY CHILDREN - SCHOOL			
HELPING & COACHING MY CHILDREN - PERSONAL			
MANAGING ISSUES WITH OTHER FAMILY MEMBERS			
CELEBRATING BIRTHDAYS & FAMILY EVENTS			