House Cleaning Checklist

Daily

- Do laundry
- ☐ Put away clean clothes
- ☐ Clean up the kitchen
- ☐ Run dishwasher
- ☐ Tidy main living areas
- ☐ Children tidy their bedrooms
- ☐ Sort the mail
- ☐ Take out the trash
- Spot clean bathrooms
- Make beds
- ☐ Clean out school backpacks

Monthly

- ☐ Clean out the fridge
- Dust
- ☐ Check and change vacuum filters
- ☐ Declutter an area
- ☐ Clean out your car
- ☐ Deep clean one bathroom a month
- ☐ Declutter school papers and other paperwork
- ☐ Straighten items on bookshelves
- ☐ Sweep porches and patios

Weekly

- ☐ Throw out old food
- ☐ Wipe up spills in the fridge
- Vacuum all floors
- ☐ Clean bathrooms
- Wash towels and sheets
- ☐ Mop hard-surface floors
- Clean glass doors
- ☐ Spot clean windows and mirrors
- ☐ Tidy less-used living areas
- Water houseplants
- ☐ Grocery shop

Less often / as needed

- □ Declutter
- ☐ Switch out seasonal clothings
- ☐ Clean inside kitchen cupboards
- ☐ Clean the oven
- ☐ Clean the dishwasher
- ☐ Vacuum under couch cushions
- ☐ Move furniture and vacuum underneath
- ☐ Rotate mattresses
- ☐ Clean the garage
- ☐ Steam-clean carpets
- ☐ Wipe baseboards clean
- ☐ Dust blinds and wash curtains
- □ Dust lampshades and picture frames
- Dust ceiling fans
- ☐ Declutter and tidy storage spaces