

our weekly menu

week of: September 4th

sunday	monday	tuesday	wednesday	thursday	friday	saturday
Spinach Tortellini w/ Grilled Chicken in Vodka Sauce  (Vin cooked!)	BBQ at Matt's	Chicken Cutlets Baked Potatoes Green Beans  football night eat by 4:30pm	TACO NIGHT! Tacos Refried beans  football night eat by 4:30pm	"Breakfast For Dinner!" French Toast Eggs	BBQ Ribs Veggie Skewers  football night eat by 4:30pm	Pasta & Sauce Sausage Meatballs Salad

shopping list

check potatoes  
chopped meat (2)  
wraps  
fresh lettuce  
white bread  
eggs  
ribs  
veggies  
check sauce  
sausage

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Jot down all of the ingredients you will need for your weekly meals!

EXTRA CURRICULARS

DAILY PLANNERS

CHOREY LISTS

CHORE CHARTS