

Food Pyramid

1. Read the food pyramid below.



2. Write next to the following food the number of the group they belong to.

1. Cheese

2. Bread

3. Chicken

4. Salad

5. Butter

6. Eggs

7. Milk

8. Apples

9. Rice

10. Pasta

11. Nuts

12. Yoghurt

13. Meat

14. Potatoes

15. Fish