General timed tests should be less frequent and are only effective as assessments, not as learning practice

1 + 0	5 + 1	0 + 4	0 + 7	8 + 7	2 + 2	5 + 6	6 + 1	9 + 7	0 + 1
0 + 2	8 + 4	6 + 8	1 + 9	1 + 6	7 + 8	2 + 9	1 + 4	9 + 0	4 + 1
1 + 5	5 + 7	2 + 5	3 + 1	8 + 0	7 + 9	2 + 0	0 + 5	6 + 5	3 + 2
3 + 0	9 + 3	4 + 8	4 + 5	6 + 2	1 + 7	5 + 2	7 + 6	2 + 1	8 + 8
8 + 5	3 + 6	8 + 1	7 + 7	2 + 6	2 + 3	9 + 1	7 + 5	9 + 2	7 + 3
6 + 0	0 + 8	7 + 0	1 + 8	6 + 3	9 + 5	4 + 6	8 + 6	5 + 8	0 + 6
2 + 8	0 + 0	3 + 9	2 + 7	5 + 0	0 + 9	3 + 3	5 + 5	9 + 9	4 + 3
5 + 4	3 + 4	5 + 3	7 + 1	4 + 2	4 + 4	6 + 7	1 + 3	9 + 8	0 + 3
2 + 4	4 + 0	4 + 9	8 + 9	8 + 3	3 + 5	8 + 2	6 + 9	9 + 6	5 + 9