

Wake-Up / Breakfast 1 Routine

Start the Day with Vision (Literal and Figurative!)

- Say a PRAYER upon waking.
- While in the bathroom, put on MOSITURIZER and put in EYE DROPS (if wearing contacts).
- Grab a DRINK of water and take VITAMIN.
- Do DAILY READINGS/JOURNAL.*

Start the Day Clear!

- Put away DISHES and SWITCH OUT DISH TOWELS.*
- Throw in a load of LAUNDRY.*
- Do 15+ minutes of CLUTTER CONTROL.*

Love our Family!

- Prepare MIKE's breakfast and spend a few moments with him, if possible.
- Prepare/Set out KIDS' ACTIVITIES for early morning — coloring, play dough, cooking/baking, craft, manipulatives, etc.*
- Help the KIDS with their WAKE-UP TIME.
- Set out BREAKFAST 1 and prepare for BREAKFAST 2.

Plan Ahead.

- Take out anything that needs THAWING FOR DINNER.*
- Put WATER on to BOIL and FILL "ELEPHANT".
- Check CALENDAR.
- Get CHURCH BAG together and/or put any other NEEDED ITEMS for the day's out-of-house activities NEAR DOOR.

**NOTE: If I wake late, or the children wake early, any of these items can be moved to later in the day.*