

WEIGHT Conversion



FLOUR

All-purpose
1 CUP • 4.5 OUNCES • 127 GRAMS

Bread
1 CUP • 4.5 OUNCES • 127 GRAMS

Cake
1 CUP • 4 OUNCES • 113 GRAMS

Whole wheat
1 CUP • 4.5 OUNCES • 127 GRAMS

SUGAR

Granulated
1 CUP • 7 OUNCES • 198 GRAMS

Confectioners'
1 CUP • 4 OUNCES • 113 GRAMS

Brown Sugar
1 CUP • 7.5 OUNCES • 212 GRAMS

Extra Fine
1 CUP • 7 OUNCES • 198 GRAMS

MISC.

Butter
1 CUP • 8 OUNCES • 227 GRAMS

Cocoa Powder
1 CUP • 3 OUNCES • 85 GRAMS

chart from
www.sweetopia.net



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